

# MARCH 2019



CHARLES WALKER SENIOR CENTER  
4008 8<sup>TH</sup> STREET, GULFPORT \* 228-575-4535



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>HOURS OF OPERATION</u> MON- WED 8:00-2:30 THURSDAY 8:00-4:00 CLOSED FRIDAYS</p> <p>JUDY LOWE, COORDINATOR</p>	<p><u>DAILY ACTIVITIES:</u> CHAIR EXERCISES 9:30-10:00 11:30 LUNCH CARDS, GAMES, &amp; MORE</p> <p>POTTERY ROOM OPEN DAILY</p>	<p><u>LUNCH INFORMATION</u> CONGREGATE MEALS ARE AVAILABLE &amp; FREE TO THOSE 60 YEARS OLD &amp; ABOVE AFTER SIGN UP</p>		<p>1</p> <p>CLOSED</p>
<p>4</p> <p>10:00-11:00 MEDITATION 11:30 LUNCH: RED BEANS &amp; RICE 1:00-2:00 SEWING/QUILTING CLASS</p>	<p>5</p> <p>10:00-11:00 SALUS HOMECARE <u>MARDI GRAS OBSERVED/</u> <u>NO MEALS SERVED</u> 1:00-2:00 TOSS GAMES</p>	<p>6</p> <p>10:00-11:00 CRAFTS CLASS 11:30 LUNCH: TUNA SALAD ON WHEAT 1:00-2:00 BOARD GAMES</p>	<p>7</p> <p>10:00-11:00 FREE PLAY 11:30 LUNCH: SPAGHETTI W/ MEATBALLS 1:00-2:00 DARTS GAMES</p>	<p>8</p> <p>CLOSED</p>
<p>11</p> <p>10:00-11:00 MEDITATION 11:30 LUNCH: SALISBURY STEAK &amp; POTATOES 1:00-2:00 SEWING/QUILTING CLASS</p>	<p>12</p> <p>10:00-11:00 KARE IN HOME CRAFTS 11:30 LUNCH: JAMBALAYA 1:00-2:00 TOSS GAMES</p>	<p>13</p> <p>10:00-11:00 CRAFTS CLASS 11:30 LUNCH: CHILI &amp; RICE 1:00-2:00 BOARD GAMES</p>	<p>14</p> <p>10:00-11:00 FREE PLAY 11:30 LUNCH: SMOTHERED CHICKEN &amp; POTATOES 1:00-2:00 DARTS GAMES</p>	<p>15</p> <p>CLOSED</p>
<p>18</p> <p>10:00-11:00 MEDITATION 11:30 LUNCH: RED BEANS &amp; RICE 1:00-2:00 SEWING/QUILTING CLASS</p>	<p>19</p> <p>10:00-11:00 FREE PLAY 11:30 LUNCH: BOWTIE LASAGNA 1:00-2:00 TOSS GAMES</p>	<p>20</p> <p>10:00-11:00 CRAFTS CLASS 11:30 LUNCH: MUSHROOM CHICKEN &amp; RICE 1:00-2:00 BOARD GAMES</p>	<p>21</p> <p>FIELD TRIP DAY</p> <p>ANNUAL GULF COAST WINTER CLASSICS HORSE SHOW THE CENTER WILL BE CLOSED</p>	<p>22</p> <p>CLOSED</p>
<p>25</p> <p>10:00-11:00 MEDITATION 11:30 LUNCH: MEATLOAF &amp; POTATOES 1:00-2:00 POTTERY/ CERAMICS CLASS</p>	<p>26</p> <p>10:00-11:00 TOSS GAMES 11:30 LUNCH: TURKEY &amp; RICE 1:00-2:00 WOUND CARE PREVENTION W/ GARDEN PARK</p>	<p>27</p> <p>10:00-11:00 CRAFTS CLASS 11:30 LUNCH: CREOLE STEAK &amp; CABBAGE 1:00-2:00 BOARD GAMES</p>	<p>28</p> <p>10:00-11:00 BINGO (BRING 2 CANNED GOODS) 11:30 LUNCH: HAM SANDWICHES 1:00-2:00 DARTS GAMES</p>	<p>29</p> <p>CLOSED</p>