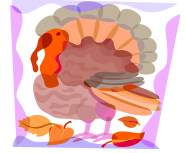





NOVEMBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUDY LOWE, COORDINATOR HOURS OF OPERATION: MON- WED 8:00-2:30 THURSDAY 8:00-4:00 CLOSED FRIDAYS	<u>DAILY ACTIVITIES:</u> CHAIR EXERCISES 9:30-10:00 11:30 LUNCH CARDS, GAMES, & MORE POTTERY ROOM OPEN DAILY	LUNCH IS A CONGREGATE MEAL OPEN TO PATRONS 60 & ABOVE UPON SIGN-UP	1 10:00-11:00 INSURANCE W/SMPDD 11:30 LUNCH: BOWTIE LASAGNA W/ TOSSED SALAD 1:00-2:00 RING TOSS GAMES	2 CLOSED
5 10:00-11:00 POTTERY CLASS 11:30 LUNCH: RED BEANS & RICE 12:30-2:00 NUTRITION TALK W/MHG	6 10:00-11:00 KARE IN HOME CRAFTS 11:30 LUNCH: SWISS STEAK & POTATOES 1:00-2:00 QUILTING CLASS	7 10:00-11:00 CRAFTS CLASS 11:30 LUNCH: TURKEY & GRAVY W/ MAC & CHEESE 1:00-2:00 DARTS GAMES	8 10:00-11:00 RING TOSS GAMES 11:30 LUNCH IN THE PARK 1:00-2:00 PARK ACTIVITIES	9 CLOSED
12 HAPPY VETERAN'S DAY CENTER CLOSED	13 10:00-11:00 SOUTHERN HEARTS SPONSORS BINGO 11:30 LUNCH: SLICED HAM & RICE W/ LIMA BEANS 1:00-2:00 SHUFFLEBOARD GAMES	14 10:00-11:00 CRAFTS CLASS 11:30 LUNCH: MEATLOAF AND POTATOES 1:00-2:00 WALK IN THE PARK	15 10:00-11:00 RING TOSS GAMES 11:30-2:00 THANKSGIVING DINNER SPONSORED BY THE BOYINGTON	16 CLOSED
19 10:00-11:00 POTTERY CLASS 11:30 LUNCH: RED BEANS & RICE 12:30-2:00 MOVIE MONDAY	20 FIELD TRIP DAY GOLDEN CORRAL BRUNCH @ 10:00, CINEMARK: THE NUTCRACKER @ 11:40	21 10:00-11:00 CRAFTS CLASS 11:30 LUNCH: THANKSGIVING DINNER BY VALLEY 1:00-2:00 DARTS GAMES	22 CLOSED THANKSGIVING 	23 CLOSED
26 10:00-11:00 QUILTING CLASS 11:30 LUNCH: SALSIBURY BEEF & GRAVY W/ MASHED POTATOES 12:30-2:00 MOVIE MONDAY	27 10:00-11:00 DARTS GAME 11:30 LUNCH: CHICKEN & SAUSAGE GUMBO 12:15-2:00 HUMANA PRESENTS: A CENTER ANNIVERSARY & BIRTHDAY	28 10:00-11:00 CRAFTS CLASS 11:30 LUNCH: BOWTIE LASAGNA W/ TOSSED SALAD 1:00-2:00 WALK IN THE PARK	29 10:00-11:00 BINGO 11:30 LUNCH: SAUSAGE W/ ONIONS & PEPPERS 1:00-2:00 SHUFFLEBOARD GAMES	30 CLOSED

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